

# Welcome to **NAMI**pedia

*Sponsored by the Staunton Farm Foundation*

**There are several ways to use this site:**

**You can click on one of the topics along the left side of the screen to find commonly asked questions.**



The screenshot shows the NAMIpedia website interface. At the top, the NAMI logo and 'Southwestern Pennsylvania' are on the left, and the Staunton Farm Foundation logo is on the right. Below the header, there is a navigation menu on the left with the following items: Overview, Recovery, Crisis Situations, Hospitalization, Living with mental illness, Supporting loved ones with mental illness, and Mental illness in children and teenagers. The main content area features a video player with a woman speaking, a search bar with an 'Ask' button, and a 'Response Text' section containing text about mental illness. On the right side, there is a section for 'Select a peer or professional below to view their stories.' with a dropdown menu and three profile pictures with quotes. Below that is a 'Frequently Asked Questions' section with several questions listed.

# Ask your own questions—in your own words.

Type your question into this box and click "Ask" to see if we have an answer for you. If we do not have an answer to your question, you can contact NAMI Southwestern PA at (412) 366-3788.

The screenshot displays the NAMIpedia website interface. At the top left, the logo reads "NAMIpedia" with the tagline "Supported by a Grant from the Staunton Farm Foundation". To the right are logos for "NAMI Southwestern Pennsylvania" and the "Staunton Farm Foundation". A navigation menu on the left lists: "How to Use This Site", "Overview", "Recovery", "Crisis Situations", "Hospitalization", "Living with mental illness", "Supporting loved ones with mental illness", and "Mental illness in children and teenagers". The main content area features a video player with a woman speaking, a text input field with an "Ask" button, and a "Response Text" section containing a paragraph about mental illness. On the right, there is a section for "Select a peer or professional below to view their stories." with a dropdown menu and three profile cards with quotes. Below that is a "Frequently Asked Questions" section with several questions listed.

# Also consider asking...

## NAMIpedia

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### How to Use This Site ?

- Overview
- Recovery
- Crisis Situations
- Hospitalization
- Living with mental illness
- Supporting loved ones with mental illness
- Mental illness in children and teenagers



Ask

Response Text History Tools

Mental illnesses are physical problems in the brain. They disrupt thinking, feelings, moods and a person's ability to relate to others. Mental illnesses persist over time, and they often interfere with a person's ability to deal with the ordinary demands of life. Some of the medications used to treat these illnesses can also affect other physical illnesses, such as

Select a peer or professional below to view their stories.

Select a Peer or Professional

Although we don't have any patients or doctors discussing this topic, you can visit the "Meet the Patients and Doctors" section at any time to hear patients and doctors talking about their experiences.

### Frequently Asked Questions

#### Related Questions

- What causes mental illness?
- What should I do if I think I/my loved one has a mental illness?
- Who can develop a mental illness?
- What is the prognosis for my/our future?

**Other questions you may want to consider asking will appear here, in the Related Questions area. You can click on these questions for answers.**

# Tools provide even more in-depth information.

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00:01 76 %

Ask

Response Text | History | **Tools**

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Frequently Asked Questions

Related Questions

- What causes mental illness?
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**The "Tools" tab will appear if there are any links or documents related to your question. Click on the word "Tools" to show this section and find the links.**

# Hear from experts—professionals, consumers and family members.

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**How to Use This Site** ?

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Ask questions of our host...

Select a peer or professional below to view their stories.  
Select a Peer or Professional

"...stigma keeps me from speaking about my loved one's mental illness..."

"The best thing we can do is to speak out when we hear misinformation..."

"It used to be when you had a

**Frequently Asked Questions**

- What is mental illness?
- Who can develop a mental illness?
- What should I do if I think I have a mental illness?
- How can I help a loved one with mental illness?
- How do I find mental health services?

Response Text | History

Mental illnesses are serious, physical disorders that may have a devastating effect on the lives of people as well as the lives of their family and friends. But there is always hope for the future. People with mental illnesses can recover and lead full, satisfying lives. NAMI has created this place for you to learn about mental illness. My name is Melanie Driver, and

**We have included comments from experts—professionals, mental health consumers and family members--to give you additional support and information. If there are comments related to a question you ask, you will see links to that information here. Just click on the links to hear more from these trusted sources.**

# Want to hear more from someone who knows what you're going through?



To see all the comments from a specific person, choose their name from this list, or choose "Meet all the Patients and Doctors" to see pictures of all the participants.

Click on the picture of the person you want to hear from and the list of their comments will appear.





## How to Use This Site ?

- Overview
- Recovery
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00:26 01:09

Ask

Select a peer or professional below to view their stories.

Select a Peer or Professional



"...stigma keeps me from speaking about my loved one's mental illness..."



"The best thing we can do is to speak out when we hear misinformation..."



"It used to be when you had a

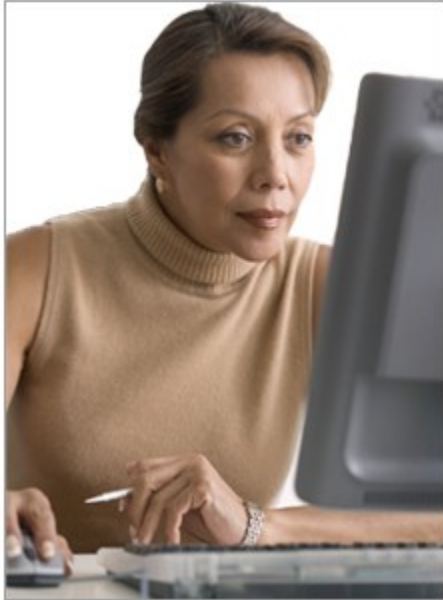
### Frequently Asked Questions

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**The History tab lets you go back to review the questions you've asked.**



*Do you have questions about  
mental health issues?*

**NAMI**pedia

*Get video answers from  
medical experts, consumers  
and family members.*

Click to Ask Questions 

**We hope you find this site informative and easy to use. Please let us know if you have any questions or problems.**

**NAMI Southwestern Pennsylvania**

**(412) 366-3788**

**[www.namiswpa.org](http://www.namiswpa.org)**